



COMUNE DI RAVENNA
ASSESSORATO ALL'IMMIGRAZIONE



TERRA MIA COOP. SOCIALE

PREVENTIVE MEASURES TO CONTRAST THE SPREAD OF CORONAVIRUS

PROHIBITED any form of gathering of persons in public places or places open to the public.

AVOID any movement, except those justified by **DEMONSTRABLE WORKING NEEDS OR SITUATIONS OF NEED OR MOVEMENT DUE TO HEALTH REASONS** (in the event of checks, a specific self-certification must be tendered under personal responsibility). **WE MUST STAY AS MUCH AS POSSIBLE AT HOME AND MEET LESS PEOPLE AS POSSIBLE (FRIENDS AND RELATIVES INCLUDED).**

If you have symptoms of respiratory infection and fever (greater than 37.5° C) **YOU DON'T HAVE TO GO TO EMERGENCY CARE UNIT AND NEITHER TO YOUR DOCTOR** but **IT IS STRONGLY RECOMMENDED TO STAY HOME** and to limit social contacts at most; **YOU HAVE TO CALL YOUR FAMILY DOCTOR** or the number 800033033 or the 112.

absolute **PROHIBITION** of mobility from home or residence for the persons subject to the **QUARANTINE** measure or found **POSITIVE** to the virus.

HYGIENIC-SANITARY MEASURES

Wash your hands often.

Avoid close contact with people suffering from acute respiratory infections.

Avoid hugs and handshakes.

Maintain, during social contacts, an interpersonal distance of at least one meter.

Respiratory hygiene (coughing and/or sneezing in a handkerchief by avoiding hands contact with respiratory secretions)

Avoid the promiscuous use of bottles and glasses

Don't touch your eyes, nose and mouth with hands.

Cover your mouth and nose if you cough or sneeze.

Clean surfaces by disinfectants chlorine or alcohol based.